EFFECTS OF MUSTARD-HONEY, APPLE VINEGAR, WHITE WINE VINEGAR AND KEFIR ACIDIC MARINADES ON THE PROPERTIES OF PORK

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Summary. The present research studied the quality of pork and the technological parameters of the Longissimus thoracis et lumborum muscle subjected to ageing with white wine vinegar (pH 3.0), apple vinegar (pH 3.1), mustardhoney (pH 3.9) and kefir marinades (pH 4.5) with the marinating time of one, three and seven days. Mustard-honey and kefir marinades retained their initial pH during the ageing period. As compared to the raw meat samples, a considerable drop in the pH value in the samples treated with apple and white wine vinegar marinades (P < 0.05) could be observed after three days of treatment. Electroconductivity of the raw marinated meat increased slightly during the ageing process and there was no significant difference between the marinades. After thermal treatment, electroconductivity differed between marinades on a larger scale, but this difference decreased during ageing. The acidity in apple vinegar and white wine vinegar marinades turned raw samples significantly (P < 0.05) lighter. However, the cooked samples treated with kefir marinade remained lighter during the seven-day period (P < 0.05) and the samples treated with mustard-honey marinade were the darkest only on the seventh day. Raw mustard-honey marinated samples had a lower redness value (P < 0.05), but a higher yellowness value, whereas cooking increased the yellowness considerably. Kefir marinade decreased the yellowness of raw samples (P < 0.05), but cooking increased this value close to that of white wine and apple vinegar treated samples. The weight loss of kefir treated raw samples was not remarkable during the ageing period (0.27-1.35%), compared to that of other variants (4.25-8.70%). Thermal treatment had a smaller effect on the mustardhoney treated samples (25.43-27.41%), whereas kefir treated samples lost weight almost at the same level as the samples in two other groups. The cooked samples treated with white wine and apple vinegar turned tougher than compared to the other two marinades. The obtained data demonstrated that immersion in kefir and mustard-honey marinade turned samples softer after cooking.

Keywords: pork; acidic marinade; texture analysis; marinating time; pH; colour